

# HIGHLAND 55 CLIFF NOTES

The Official Newsletter of the Highland 55 Community

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## MARCH HAPPENINGS...



March has always been known for one of the happiest months of the year. Mother nature tries hard to shed her winter coat and delight us with beautiful tulips, peonies, hydrangeas and daffodils. Here at Highland 55 we are just minutes away from one of the most beautiful display of tulips in Edmond. Hafer Park has long delighted visitors and photographers with hundreds of beautiful colored tulips. You will not want to miss this impressive show of spring color!! Take a quick walk, stroll or drive though the park.

The Highland 55 team will update our residents on the best dates to visit our neighborhood park.  
Have a happy March! Sheri & Cathy

Other noteworthy dates to remember :

- Tuesday, March 2nd - Dr. Suess's birthday, AKA as National Reading Day
- Wednesday, March 17th - St. Patrick's Day
- Saturday, March 14th - Daylight Savings Time.
- Saturday, March 20th - First day of Spring
- Sunday, March 28th - Palm Sunday

Don't forget to  
spring forward on  
March 14th!



# OFFICE HOURS:

MONDAY - FRIDAY 9-5:30

SATURDAY - NOON - 4

# GATE HOURS:

EVERYDAY - 7AM - 7PM



A reminder to everyone, please do NOT to place ANY trash out on Saturday or Sunday. You are welcome to use our new trash receptacle located between units 12 & 13. We want H55 looking clean at all times! Thank you!

**NO TRASH ON WEEKENDS!**



## WORK ORDERS

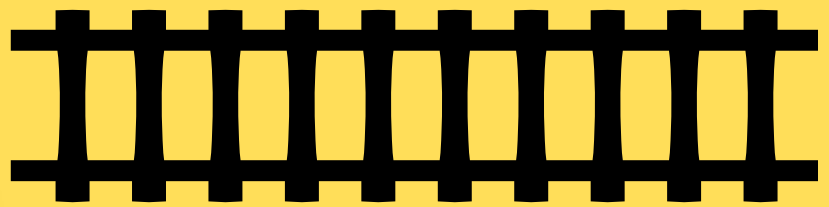
At H55 we know with new construction comes unforeseen maintenance issues.

We want to get all issues corrected as soon as possible!!

Here are ways to contact us.

- Online H55's portal
- Maintenance forms are available in the office
- Email Sheri or Cathy
- 

Once we have received your request we will create a work order so we can fix the problem in a timely manner. As always if you are having a maintenance emergency please call us for immediate attention.



***CHECK OUT THE RAILYARD IN DOWNTOWN EDMOND!***

HOUSED IN A 100-YEAR OLD LUMBERYARD!

THE EDMOND RAILYARD IS A NEW DISTRICT IN DOWNTOWN EDMOND FEATURING RESTAURANTS, A CRAFT BAR, AND OFFICE AND RETAIL SPACE. THE RAILYARD IS LOCATED BETWEEN THE RAILROAD & BROADWAY AND 1ST STREET & MAIN

**GOGI GO - KOREAN BBQ  
HOTT WINGS**

(OWNERS OF EDDIE'S @ 2ND & COLTRANE)

**OAK CITY PIZZA CO - WOOD-FIRED PIZZA  
1884 - COCKTAIL, WINE & CIGAR LOUNGE**

(BY THE OWNERS OF THE PATRIARCH)

**CITIES ICE CREAM**  
(BY THE OWNERS OF CAPITALS ICE CREAM IN OKC)

**BLUEJ'S ROCKIN' GRILL**

**RAILYARD PIE COMPANY**

(COMING SOON)

**PLANT**

(COMING SOON)

INDOOR & OUTDOOR DINING!





# Pickle Ball Part 2

## *We've Got the Moves*

MOVEMENTS IN PICKLEBALL. WHEN PLAYING PICKLEBALL THE MOST COMMON MOVES ARE LATERAL MOVEMENTS. THERE ARE OF COURSE FORWARD-BACKWARD MOVEMENTS, BUT THE MAJORITY IS BASED ON LATERAL ACTIONS AT A FAST PACE. THEREFORE, THE SHOES USED WILL HAVE TO PROTECT FROM THIS MOVEMENTS.

### *Five Basic Rules in Pickle Ball*

- **BALL MUST STAY IN BOUNDS**
- **ONE BOUNCE PER SIDE**
- **SERVE IS AT THE BASELINE**
- **SERVE CANNOT LAND IN THE VOLLEY ZONE**
- **GAME ENDS AT 11, 15 OR 21 POINTS**

## Clubhouse & Fitness Construction UPDATE!!

Unfortunately, the crazy snowstorm has put us behind 2 -4 weeks! Let's all say a prayer for a long stretch of perfect weather!! Most of the light fixtures were installed before the storm. Floors are done(!) and concrete will be poured around the clubhouse very soon!! Final touches will be made and our **OPEN HOUSE** party is being planned!!!

We can't wait for you to see and enjoy your new clubhouse!!!  
It is going to be a beautiful space for everyone to relax and enjoy.

**Thank you so much for your continued patience!!!**





# LET'S SPRING INTO ACTION!



## HIGHLAND 55 COMMUNITY GARDEN COMING SOON!!!

The Highland 55 team is very excited to get started building our community garden! Our garden will be a place where neighbors, family and friends can come together to grow a variety of vegetables, herbs and flowers.

It will provide interested residents an opportunity for both recreational gardening and the enjoyment that comes with growing food that can be shared with friends.

Did you know that gardening improves memory, boosts mood, reduces stress and fosters human connections? Let's do this together and have some fun. With a little bit of luck, a little work, and a lot of fun we will be sharing a beautiful garden in no time!



## Highland 55 Hikers

Walking groups can improve your health as well as help with arthritis pain and moods. Walking groups also help promote physical activity while visiting with new friends, enjoying fresh air, and the beautiful outdoors. So why not join other Highland 55 residents as we make our way through Hafer Park and back. Please plan on coming to our first Highland 55 Hikers meeting to learn more. We will meet on Wednesday, March 31st at 10:00 A.M. at the H55 office. It will be fun!!

