

# CLIFFNOTES

The Newsletter of Highland 55 at Spring Creek in Edmond, OK



## Thank You!!

David and Mary Forrest and the whole Highland 55 team would like to thank all residents who came to help us celebrate our wonderful community during our ribbon cutting ceremony!!! What a great celebration! It was a great opportunity to share in the excitement of our new beginnings.

Thank You for making  
Highland 55 a great place to live in Edmond!  
~Sheri & Cathy

***Sometimes you just know  
it's time to start something  
new and trust the magic of  
new beginnings***

***~Meister Eckhart~***

## ***In This Issue:***

September Brunch on  
the Patio.

September calendar  
of Highland 55 events

Classes, Clubs &  
Social Events at H55

Downtown Edmond  
Arts Festival in  
September!

\*Edmond students are back in school so BE AWARD of school zones!! Extra hefty fines are being issued if you are caught speeding through a school zone.



# TAKE A CLOSER LOOK!! THERE IS SOMETHING FOR EVERYONE AT HIGHLAND55!

## Classes

**Yoga- Tues. & Thus. 11:15-noon**

**Pickle Ball- Tues. & Thurs. 2-3pm**

**Tai Chi - Mon. & Wed. 10-11am**

**Fitness equipment- all day / everyday**

## Clubs

**Bible Study- Tues. 10 -11am**

**Book Club- 2nd Friday of every month  
11-12pm (Bring a sack lunch to enjoy time  
after book club.)**

**Highland Hikers Walkers  
Mon, Wed, & Thurs - 7:30 am**

## Social

**Thirsty Thursday's Every Thursday 4-6pm**

**H55 resident sponsored covered dish  
dinners**

**First Tuesday of the month @ 5:00pm  
(check bulletin for sign-up)**

**Coffee chat each Saturday 9-10am**

**Highland 55 monthly sponsored events  
dates and times to be announced**

**This is your neighborhood and your  
community. If you want to sponsor  
a daytime or evening event  
please let us know.**

**Be Considerate, Be  
Kind & Be On Time.**  
If you are attending a  
class at H55 please  
allow yourself enough  
time to be ready to  
begin class ON TIME.  
REMEMBER, THE  
WARM UP IS THE  
MOST IMPORTANT  
PART OF ANY  
EXERCISE CLASS!

Please  
be on time

### Remember.....

\*Please pick up after your pets.

\*Dogs must always be on a leash.

\*Pets are welcome on the porches at the  
clubhouse.

\*The H55 newsletter is  
always available online at  
Highland55.com

\*Use the north door for access to the  
Clubhouse when the office is closed.

\*Lost and Found  
Cathy has a small basket in her office with  
some items left in the Clubhouse.

**YOU ARE INVITED TO  
BRUNCH ON THE PATIO!**

Please plan on joining us on the  
Highland 55 patio  
Friday, September 24th  
at 10:30 A.M.

Reservations are  
Required!

You can RSVP by signing up  
in the office or email:

[cathy@highland55.com](mailto:cathy@highland55.com)  
405.226.5559



Thank you to all who came to celebrate the Highland 55  
official ribbon cutting with the City of Edmond!  
A grand time was had by all!!!



# PREMIERE EDMOND EVENT

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The 43rd Annual Downtown Edmond Arts Festival will be held in  
Downtown Edmond  
Fri, September 10 - Sun, September 12

Over 140 artists exhibit and sell their works of art at the Downtown Edmond Arts Festival each year. Come to this event in the heart of charming downtown Edmond and browse through booths filled with paintings, sculpture, jewelry, pottery and more. This free event also features delicious festival food, fun activities for the kids and live musical entertainment.

Only service dogs are allowed at the Arts Festival. No other pets please.

Official times:

September 10th - 10 a.m. to dusk

September 11th - 10 a.m. to dusk

September 12th - 11 a.m. to 5 p.m.



*September 2021*

## **CLUBHOUSE & OFFICE HOURS**

Monday - Friday

9:00am - 5:30pm

Saturdays & Sundays

**By Appointment**

## **Clubhouse Access:**

Everyday

7am - 9pm

## **Fitness Center**

Everyday 24 hour access

Code 5501#



## **TRASH PICK-UP:**

Monday - Friday

Please put trash out in the morning before 9am.

Sat & Sundays

Please use the Highland 55 receptacles. **Do not** put trash out on the weekends.

**Please Keep your Garage doors CLOSED at ALL TIMES.**

*(even if you are home) thank you!*

