

CLIFFNOTES

The Newsletter of Highland 55 at Spring Creek in Edmond, OK



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HOLIDAY OFFICE HOURS:

Highland 55
offices will close
on Dec 23rd and
reopen on Dec
27th

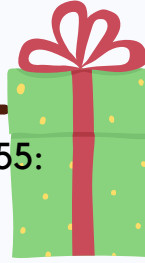
HAPPY HOLIDAYS!!

The most wonderful time of the year is upon us! We would like wish each of you a wonderful holiday season! This is a time to be with loved ones and friends. I would personally like to thank all of you that have made me feel so welcome. I am looking forward to meeting the rest of you in the very near future. As December 1st H55 is happy to announce that we have every cottage now occupied! Please come to our regular Thirsty Thursdays to meet all of your neighbors. Once again, thank you for continuing to make Highland 55 a great, active, friendly and fun place to live in Edmond!

CHEERS!

SHERI AND LAURA

SHOP TILL YOU DROP!



Winter in Hafer Park



Here is a short list of shopping close to Highland 55:

Bryant & 15th Street

Spring Creek Plaza

The Plaza offers fine shopping in a walkable environment on the northeast corner of the intersection. The hub for apparel, head to toe, shop at Kendra Scott, Ann Taylor Loft, Jos. A. Banks, New Balance, Francesca's, Talbots, J. Jill, White House Black Market and Chicos. Plenty Mercantile is a local purveyor of sustainable and eco-friendly goods.

Spring Creek Village

Add a little flare at the village on the northwest corner. Shop for boutique clothing and accessories at Lucca and Muse by Lucca. Bike accessories at Phat Tire Bike Shop.

Bryant & 33rd

Cheyenne Crossing

A newly developed center, Cheyenne Crossing brings us new boutiques for men, women and children: Habit, Mira Bird. Also, stop into Ellis Island for a cup of coffee or glass of wine!

Bryant & 2nd Street

Bryant Square

Located between the University of Central Oklahoma and I-35, the 2nd and Bryant area offers numerous shopping opportunities for clothing and home decor. Old Navy, Bed Bath and Beyond, Ulta, Ross, Maurices and more are located in the southeast quadrant of the intersection.

Shoppes at Edmond University

In the northwest quadrant, Half Price Books and Walmart Neighborhood Market are anchors near several restaurants. The southwest quadrant of the intersection is home to Target, Lowe's and GameStop.

Broadway & 2nd Street

Downtown Edmond

Stroll the sidewalks along Broadway, north of 2nd Street, to be greeted by shopkeepers and a variety of locally owned businesses. Find stylish clothing and accessories at Lulu and Lo's, Bison Creek Clothing, and Silver Leaf Gems. Visit Native Summit and Edmond Golf for specialty items and clothing for your next outdoor adventure.

Find antique home decor and furniture by shopping at Broadway Antiques & Market and Sterlings Home Decor & Gifts. Urban Okie Home Shop and Creative Studio offers ethically sourced and environmentally-friendly decor and custom furniture.

TRASH PICK-UP:

Monday - Friday

Please put trash out in the morning before 9am.

Please **DO NOT** put any trash out during the night.

Sat & Sundays

Please use the Highland 55 receptacles. **Do not** put trash out on the weekends.

Please Keep your Garage doors CLOSED at ALL TIMES.

REMINDERS:

*Please pick up after your pets.

*Dogs must ALWAYS be on a leash.

*Due to many issues, pets are not allowed in the storm shelter.

*Pets are always welcome on the porches at the H55 clubhouse.

*For Emergency Maintenance please call 405-216-5559. Avoid online requests for emergency issues as they are not dispatched and only go to email.

*The H55 newsletter is now available online at our website Highland55.com. (under the "about" tab, click Newsletter)

We are now emailing the newsletter and calendar to you each month. A few copies will be available in the clubhouse.

***DO NOT LEAVE TRASH OUTSIDE AT NIGHT!**

***Be On Time!**

If you are attending any class at H55 please allow yourself enough time to be ready to begin class ON TIME. REMEMBER, THE WARM UP IS THE MOST IMPORTANT PART OF ANY EXERCISE CLASS!

Welcome to Highland 55 Laura Zimmerman!



Highland 55 at Spring Creek would like to welcome Laura Zimmerman as our new assistant manager/activities director! Laura is a Oklahoman tried and true! Cooking is a huge passion of hers. On Saturdays you will find her watching the Food Network! She has catered a lot of her adult life. She has also spent several years in property management in Oklahoma. Laura has been married to her hard working & adorable husband for 4 years. She has two adult daughters, Rosemary & Mallory and has been blessed with 2 beautiful grand daughters! Thank you for welcoming Laura into our Highland 55 family!

We are thrilled that so many residents are utilizing our indoor pickle ball court at Highland 55! Please remember to reserve times using the white erase calendar at the court. The court can be reserved by Highland 55 residents and their guests. A Highland 55 resident must be present during your time slot. Please reserve in 1 1/2 hour increments. There are paddles and balls located in the closet of the shelter room. Please clean the paddles when you are finished with them. Remember we have many residents who want to play. Please save dates for everyone to be able to play. Thank You!

Don't forget the court is reserved for:

Tai Chi on Monday/Wednesday @ 10am (great warm up for pickleball!)

Yoga on Tuesday/Thursday @ 11:15am (a great warm up for pickleball!)

Pickle ball drills Tuesday/Thursday @ 2-3pm

Don't Forget:

Use the North entrance (across from the mailboxes) to access the clubhouse when the H55 office is closed. Code:5500#

The H55 fitness facility is open 24/7. The pickleball court is open from 8am - 10pm. Code: 5501#

PLEASE DON'T FORGET TO USE WIPES PROVIDED TO CLEAN EQUIPMENT BEFORE AND AFTER EACH USE. THANK YOU!



Holiday Biscuit

Breakfast Casserole

Ingredients

- 1 lb. ground maple flavored sausage or other variety of breakfast sausage
- 1 medium yellow onion diced
- 7 large eggs
- 2/3 cup half and half
- 1 tsp paprika
- 1 tsp kosher salt
- 1/2 tsp black pepper
- 1/2 tsp garlic powder
- 16.3 oz can Pillsbury Southern Homestyle refrigerated biscuits or your favorite variety
- 3/4 cup shredded Colby cheese
- 3/4 cup shredded Monterey Jack cheese



Instructions

Preheat oven to 400°F and lightly spray a 9×13" baking dish with cooking spray. Set aside.

Heat a large skillet over MED HIGH heat. Once hot, add sausage and cook about 5 minutes, crumbling as you cook, until sausage is no longer pink. Remove to a plate with a wooden spoon, reserving the grease.

Add onion to the skillet and cook about 3-4 minutes, stirring often, until onion is soft and starting to brown a bit at the edges. Add to the plate with the sausage.

To a large mixing bowl, add eggs and half and half. Whisk to combine well. Whisk in paprika, salt, pepper, and garlic powder. Set aside for a bit.

Add biscuits to the prepared baking dish. Mine fit in two rows of 4, but feel free to arrange yours however you'd like.

Top with cooked sausage and onion. Sprinkle both cheeses over the top.

Pour the egg mixture over the top, making sure to evenly disperse the liquid.

Bake in preheated oven for 25-30 minutes, or until golden brown and eggs are set.

Serve hot and enjoy.

Come to Santas Workshop!



Join us in the clubhouse after a long day of shopping!

Highland 55 is providing a holiday wrapping station complete with ribbons, bows and holiday wrap!

Oh and don't forget to enjoy a snack while you're wrapping!!

The station will be available from December 13th - 21st from 10 am to 4 pm



PLEASE WATCH YOUR SPEED THROUGH OUR NEIGHBORHOOD..... AND PLEASE REMIND YOUR GUESTS TO DO THE SAME. HIGHLAND 55 IS LUCKY TO HAVE MANY ACTIVE RESIDENTS WHO WALK THROUGH THE NEIGHBORHOOD AT ALL TIME OF THE DAY AS WELL AS THEIR GRANDCHILDREN. PLEASE WATCH FOR CARS, GOLF CARTS & PETS. AROUND EVERY CORNER AND SLOW DOWN. THANK YOU!

