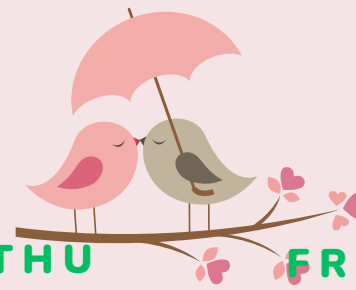


# APRIL 2024



SUN

MON






TUE

WED

THU

FRI

SAT

	<p>1</p> <p><b>RENT DUE</b></p> <p>**CHAIR YOGA 10:30</p> <p>SEEDS OF HOPE 12</p> <p></p>	<p>2</p> <p>BIBLE STUDY 10AM YOGA 11:15 PBALL 2-3</p>	<p>3</p> <p>CHAIR YOGA 11:15</p> <p>**LINE DANCING 3PM</p>	<p>4</p> <p>YOGA 11:15 THIRSTY THURSDAY 4-5:30</p>	<p>5</p> <p><b>RENT LATE</b></p> <p>FUNCTIONAL FITNESS 10</p> <p> POTLUCK DINNER &amp; BINGO 5:30</p>	<p>6</p> <p>COFFEE TALK 9AM</p>
<p>7</p> <p>SUNDAY SING-A-LONG HOUR 2-3PM</p>	<p>8</p> <p>CHAIR YOGA 11:15</p>	<p>9</p> <p>BIBLE STUDY 10AM YOGA 11:15 PBALL 2-3</p>	<p>10</p> <p>CHAIR YOGA 11:15</p> <p>**LINE DANCING 3PM</p>	<p>11</p> <p>YOGA 11:15 THIRSTY THURSDAY 4-5:30</p>	<p>12</p> <p>FUNCTIONAL FITNESS 10</p>	<p>13</p> <p>COFFEE TALK 9AM</p>
<p>14</p>	<p>15</p> <p>CHAIR YOGA 11:15</p> <p></p>	<p>16</p> <p>BIBLE STUDY 10AM YOGA 11:15 PBALL 2-3</p>	<p>17</p> <p>CHAIR YOGA 11:15</p> <p>**LINE DANCING 3PM</p>	<p>18</p> <p>YOGA 11:15 THIRSTY THURSDAY 4-5:30</p> <p>Remembering the Murrah Building Bombing GUEST SPEAKER: OUR VERY OWN ANNETTE MURPHY 10 AM IN CLUBHOUSE </p>	<p>19</p> <p>FUNCTIONAL FITNESS 10</p>	<p>20</p> <p>COFFEE TALK 9AM</p>
<p>21</p> <p>SUNDAY SING-A-LONG HOUR 2-3PM</p>	<p>22</p> <p>CHAIR YOGA 11:15</p>	<p>23</p> <p>BIBLE STUDY 10AM YOGA 11:15 PBALL 2-3</p>	<p>24</p> <p>CHAIR YOGA 11:15</p> <p>**LINE DANCING 3PM</p>	<p>25</p> <p>YOGA 11:15 THIRSTY THURSDAY 4-5:30</p>	<p>26</p> <p>FUNCTIONAL FITNESS 10</p> <p> SALAD BAR SPRING SPRING SENSATIONS 5 PM</p>	<p>27</p> <p>COFFEE TALK 9AM</p>
<p>28</p>	<p>29</p> <p>CHAIR YOGA 11:15</p>	<p>30</p> <p>BIBLE STUDY 10AM YOGA 11:15 PBALL 2-3</p>				

\*\*PLEASE NOTE CHANGES TO THE SCHEDULE

Highland55.com