

MARCH 2024



SUN

MON





TUE

WED

THU

FRI

SAT

					1 RENT DUE FUNCTIONAL FITNESS 10 POTLUCK DINNER & BINGO 5:30 	2 COFFEE TALK 9AM
3 SUNDAY SING-A-LONG HOUR 2-3PM	4 **CHAIR YOGA 10:30 SEEDS OF HOPE 12	5 RENT LATE BIBLE STUDY 10AM YOGA 11:15 PBALL 2-3	6 CHAIR YOGA 11:15 ***LINE DANCING 3PM	7 YOGA 11:15 THIRSTY THURSDAY 4-5:30	8 FUNCTIONAL FITNESS 10 BOOK CLUB 11 CANASTA 1	9 COFFEE TALK 9AM
10 Daylight Savings Time begins Spring Forward 	11 CHAIR YOGA 11:15	12 Mens Breakfast Around The Corner 9am BIBLE STUDY 10AM YOGA 11:15 PBALL 2-3	13 LINE DANCING 3PM	14 YOGA 11:15 THIRSTY THURSDAY 4-5:30	15 FUNCTIONAL FITNESS 10	16 COFFEE TALK 9AM
17 SUNDAY SING-A-LONG HOUR 2-3PM 	18 CHAIR YOGA 11:15	19 BIBLE STUDY 10AM YOGA 11:15 PBALL 2-3	20 CHAIR YOGA 11:15 LINE DANCING 3PM	21 YOGA 11:15 THIRSTY THURSDAY 4-5:30	22 FUNCTIONAL FITNESS 10 CANASTA 1 ST. PADDY'S DAY PARTY 5 PM	23 COFFEE TALK 9AM
24  Happy Easter	25 CHAIR YOGA 11:15	26 BIBLE STUDY 10AM YOGA 11:15 PBALL 2-3	27 CHAIR YOGA 11:15 LINE DANCING 3PM	28 YOGA 11:15 THIRSTY THURSDAY 4-5:30	29 FUNCTIONAL FITNESS 10	30 COFFEE TALK 9AM
31						

**PLEASE NOTE CHANGES TO THE SCHEDULE